

**CCAT-R HEALTH AND SAFETY  
CHECKLIST – UNDER 3  
REVISED: 5/21/15**

Caregiver : \_\_\_\_\_

Date Completed: \_\_\_\_/\_\_\_\_/\_\_\_\_

*This checklist is to be completed quarterly to ensure the care setting promotes a safe and healthy environment for children.*

	Yes	No
<b>A. Food Preparation</b>		
1. Hands are washed before food is prepared	<input type="checkbox"/>	<input type="checkbox"/>
2. Raw meat and fish handled appropriately	<input type="checkbox"/>	<input type="checkbox"/>
3. Infants held while bottle fed	<input type="checkbox"/>	<input type="checkbox"/>
4. Toddlers seated when holding own bottle/cup	<input type="checkbox"/>	<input type="checkbox"/>
5. Infants and toddlers are not put to bed with bottles	<input type="checkbox"/>	<input type="checkbox"/>
6. Pot handles turned to back of stove for mobile infant or toddler*	<input type="checkbox"/>	<input type="checkbox"/>
<b>B. Environment</b>		
1. Clean, safe indoor space	<input type="checkbox"/>	<input type="checkbox"/>
2. Safety caps on electrical sockets for mobile infant or toddler*	<input type="checkbox"/>	<input type="checkbox"/>
3. Electrical cords are inaccessible or secured for mobile infant or toddler*	<input type="checkbox"/>	<input type="checkbox"/>
4. Blind cords out of infant's reach*	<input type="checkbox"/>	<input type="checkbox"/>
5. No peeling or chipped paint in area children have access to	<input type="checkbox"/>	<input type="checkbox"/>
6. Smoke detectors or sprinklers installed (see Rule in Section 406.8a.4 of Licensing Procedures for specific locations)	<input type="checkbox"/>	<input type="checkbox"/>
7. Rotary fan is child-safe (blades protected)	<input type="checkbox"/>	<input type="checkbox"/>
8. No protruding nails on furniture or boards	<input type="checkbox"/>	<input type="checkbox"/>
9. Gate on stairs for mobile infant or toddler-both upstairs and downstairs*	<input type="checkbox"/>	<input type="checkbox"/>
10. Dangerous substances are locked away or out of reach for mobile infant or toddler (e.g., medicines, cleaning supplies, garden sprays, matches)*	<input type="checkbox"/>	<input type="checkbox"/>
11. Crib or playpen slats no more than 2 <sup>3</sup> / <sub>8</sub> inches (width of a soda can) apart*	<input type="checkbox"/>	<input type="checkbox"/>
12. Toys and objects small enough to be swallowed kept away from children*	<input type="checkbox"/>	<input type="checkbox"/>
13. Provider can see infants and toddlers at all times	<input type="checkbox"/>	<input type="checkbox"/>
14. Children are not left in play pens, swings, jumpers, strollers or other restraints for more than half of the observation period.	<input type="checkbox"/>	<input type="checkbox"/>
15. Children do not use mobile walker	<input type="checkbox"/>	<input type="checkbox"/>
16. Area used for child care has enough light to read by	<input type="checkbox"/>	<input type="checkbox"/>
17. Temperature in area used for child care is comfortable (see Rule in Section 406.8a.7 of Licensing Procedures for specific temperatures)	<input type="checkbox"/>	<input type="checkbox"/>
18. Some fresh air in the area used for child care	<input type="checkbox"/>	<input type="checkbox"/>
19. Good space for resting (home is quiet)	<input type="checkbox"/>	<input type="checkbox"/>
20. Quiet area for sick children available and can be easily supervised	<input type="checkbox"/>	<input type="checkbox"/>
21. Radiators and pipes covered	<input type="checkbox"/>	<input type="checkbox"/>
22. Gun kept locked up and unloaded, with ammunition stored in a separate place* NO HANDGUNS ALLOWED	<input type="checkbox"/>	<input type="checkbox"/>
<b>C. Routines</b>		
1. Caregiver washes hands with soap and water after each diapering, when helping children with toileting, or when handling soiled clothing	<input type="checkbox"/>	<input type="checkbox"/>
2. Diapers/soiled clothing are checked and changed as needed (observe at least one checking during observation period, no prolonged odor)	<input type="checkbox"/>	<input type="checkbox"/>
3. Children's hands are washed after using the toilet or after diaper change	<input type="checkbox"/>	<input type="checkbox"/>
4. Accessible place for children to wash hands (e.g., steps or stool near sink)	<input type="checkbox"/>	<input type="checkbox"/>
5. Extra clothes available to change children	<input type="checkbox"/>	<input type="checkbox"/>
6. Babies under one are put to sleep on back*	<input type="checkbox"/>	<input type="checkbox"/>
7. Feeding is appropriate: cereal fed with spoon, sandwiches and finger food in small pieces	<input type="checkbox"/>	<input type="checkbox"/>
8. Child watched constantly while being bathed*	<input type="checkbox"/>	<input type="checkbox"/>
9. Children are not left unattended on changing tables	<input type="checkbox"/>	<input type="checkbox"/>
<b>D. Outdoor Play</b>		
1. Covered sandbox	<input type="checkbox"/>	<input type="checkbox"/>
2. Soft surface under swings (e.g., grass or dirt)*	<input type="checkbox"/>	<input type="checkbox"/>
3. Helmets worn when riding tricycles, scooters, rollerblades or skateboards*	<input type="checkbox"/>	<input type="checkbox"/>
4. No protruding nails on outdoor play equipment	<input type="checkbox"/>	<input type="checkbox"/>
5. Outdoor play area free of animal feces and/or broken glass	<input type="checkbox"/>	<input type="checkbox"/>

\* RED FLAG ITEMS – LACK OF THESE ITEMS CAN BE FATAL TO CHILDREN.

The Institute for a Child Care Continuum, Bank Street College of Education and Mathematica Policy Research, Inc.  
Checklist modified to meet minimum Illinois DCFS licensing standards where appropriate.